

FIRST AID INTRO. WS

NAME: _____

HOUR: _____

1. Define the term "first aid". _____

2. You are babysitting your 6 year old brother. He falls off of his bike and hits his head on the sidewalk. What should be the first four things you should check (in the correct order)

1) _____ 2) _____

3) _____ 4) _____

He is unconscious, should you pick him up and carry him to the house so that you can call 911?

Yes or No
(circle one)

List two techniques that you could use to check his breathing.

1) _____ 2) _____

Explain the technique you would use to check for a pulse (be specific)

3. When treating someone for shock, you should always raise/elevate their head.

Explain your answer:

4. Fainting is caused by _____

5. When someone has fainted, shake the person to rouse them

True or False
(circle one)

6. If someone tells you that they are choking, they aren't

True or False
(circle one)

7. Read the steps involved in performing the Heimlich maneuver and then, use the number assigned to each one, place them in the correct order.

- | | |
|----------------------------------|---|
| 1. repeat thrusts as needed | 7. stand behind the victim |
| 2. turn victim face up | 8. quick upward thrusts into victim's abdomen |
| 3. place one hand over the other | 9. thrust 'up and in' into the victim's |
| 4. make a fist | 10. wrap arms around victim's waist |
| 5. grab fist with other hand | 11. place fist just above the navel and below breastbone. |
| 6. straddle the victim's hips | 12. place heel of one hand above the navel |

Victim lying down:

Victim standing:

8. When someone is hyperventilating, what would you do? _____

9. Explain the Good Samaritan Law as it pertains to administering first aid. _____

10. Once a person begins to administer first aid procedures, they are obligated to continue?

True or False
(circle one)

